N.E.H. Institute:
Literatures, Religions, and Arts of the Himalayan Region
Schedule of Lectures, Workshops, and Readings

Institute Schedule:
9:00-12:00 Morning Session
12-1:00 Lunch Break
1:00-4:00 Afternoon Session
4:30-9:00 Web Page Consultations (some days)
All Sessions in Room 404 of the Hogan Campus Center, unless otherwise noted

Institute Books:
Institute Reader [on the Institute MOODLE Site]
WEEK 1 of the Institute, July 5th—10th

Sunday
July 5th
Afternoon check-in for participants

Monday
6th
Morning Program: Profs. Lewis and Van der Kuijp
Practical Orientation and Overview of the Curriculum
Orientalism and the Study of Asia, Asian Religions, and the Himalayas
Geology and the Physical Geography of the Regions; Frontier Zone Theory
Required Readings:
Zurick, Illustrated Atlas of the Himalaya, 1-66
Lewis and Riccardi, The Himalayas: A Syllabus …, 5-40, Part II
Further Reading:
Martin Brauen, Dreamworld Tibet: Western Illusions (Weatherhill, 2004).
Peter Bishop, The Myth of Shangri-La (Berkeley: Univ. of California Press, 1989)

Afternoon Program: Expert Presentation, Profs. Lewis and Van der Kuijp
Central Place & Trade Theory; Culture Regions: Kashmir, Nepal, Tibet
Required Readings:
Lewis and Riccardi, The Himalayas: A Syllabus …, Part III

Evening
5-7 PM
Welcoming New England Clambake Dinner
Hosted by Holy Cross President and Dean, North Side of Hogan Center

Tuesday
7th
Morning Program: Expert Presentation, Prof. Van der Kuijp
Languages and Writing Systems of the Himalayan Region
Required Readings:
Lewis and Riccardi, The Himalayas: A Syllabus …, Part III

Afternoon Program
Curriculum Workshops with Dorothy Verheyan/Maureen Stephens:
“Institute Teacher Implementation Plans” ; “Geography of the Himalayan Region”

Wednesday
8th
Morning Program: Expert Presentation, Prof. Lewis
Hinduism: Overview of Core Doctrines and Practices
Required Reading:
Lewis and Riccardi, The Himalayas: A Syllabus…, 41-43
Further Readings:
Diana Eck, Darshan: Seeing the Divine in India, 2nd ed.

Afternoon Program
1-2 PM: Library Orientation
2-4 PM: Films on Hinduism with Discussion
“Village of the Himalayas: Pilgrimage to Deoprayag”; “Wages of Action”
Thursday 9th

Morning Program: Expert Instruction, Mary Morrisard-Larkin
Scalia Lab, 2nd Floor Dinand Library

Plenary Web Page Creation and Design Workshop

Afternoon Program: Expert Presentation, Prof. Lewis

Buddhism: Overview of the Buddha's Life, Basic Doctrines, and Practices

Required Readings:

Evening Program: Brooks Concert Hall, 7-8:30 PM

Concert: “Himalayan Rhapsodies”

Friday 10th

Morning Program:

Free Time

Afternoon Program 1-3 PM Paula Newburg, University of Texas

Political Developments in the NW Himalayas: Pakistan and Afghanistan

Required Readings:

Afternoon Program 3:15-5 Prof. Nirmal Tuladhar, Social Science Bahal, Kathmandu

Kites and Kite Flying in the Himalayas
Monday 13th

Morning: Expert Presentation, Prof. Michael Witzel, Harvard University

Ancient Kashmir & Nepal: History of the Himalayan Centers up to 1200 CE

Required Readings:
Lewis and Riccardi, *The Himalayas: A Syllabus…*, 49-92

Excerpts from the *Rajatarangini* of Kalhana and the *Gopalarajavamshavali*

Afternoon Program: Expert Presentation, Prof. van der Kuijp

Ancient Tibet: Cultural and Political History up to 1100 CE; Bön

Required Readings:
Matthew Kapstein, *The Tibetans*, 27-83

Tuesday 14th

Morning Program: Expert Presentation, Prof. Lewis

Buddhist Literature: Story Narratives[a]

Mahayana Buddhism and its Himalayan Traditions[b]

Required Readings:


Readings from the *Jatakas*, in Translations from Nepal and Tibet

Mark Blum, “Mahayana Buddhism” *Buddhism: The Illustrated Guide* 221-235.


Further Readings:

Afternoon Program: Expert Presentation: Prof. Van der Kuijp

Medieval Tibet: History up to 1600 CE; Bön Tradition

Required Reading:
Matthew Kapstein, *The Tibetans*, 84-139

Further Readings:

Wednesday 15th

Morning Program: Expert Presentation: Prof. Van der Kuijp

The History of Tibet through the Early Modern Period

Required Readings:
Melvyn Goldstein, *The Snow Lion and the Dragon*

_____ et al. *The Struggle for Modern Tibet: The Autobiography of Tashi Tsering*

Matthew Kapstein, *The Tibetans*, 155-174; 269-300

Further Readings:
Afternoon Program [1-2:30] Expert Presentation, Prof. Lewis

State Formation in the Himalayas; Colonialism
Required Readings:
Lewis and Riccardi, *The Himalayas: A Syllabus* ..., 109-116; 159-209
Further Readings:

6:30-10:30 PM Program: Film/Discussion with Prof. Mat Schmalz, Holy Cross
Indian Feature Film: "Lagaan"

Thursday 16th
Morning Program: Expert Presentation, Prof. Jinah Kim, Harvard University
Buddhist Art; Art of Gandhara and Afghanistan
Required Readings:

Afternoon Program: Discussion with Prof. Lewis and Prof. van der Kuijp
2-4 PM: Worcester Art Museum

Friday 17th
Morning Program: Expert Presentation, Prof. Kurtis Schaeffer, University of Virginia
Tibetan Buddhist Literatures
Required Readings:
Matthew Kapstein, *The Tibetans*,

Afternoon Program: Prof. Dina Bangdel, Virginia Commonwealth University
Art and Architecture of the Himalayan Region: Kashmir; Kulu; Nepal; Tibet
Required Readings:
Further Readings:
WEEK 3 of the Institute, July 20th—July 24th

Monday 20th

Excursion to the Rubin Museum for Tibetan Art and Karmapa Monastery
Museum Program hosted by Curators and Educators of the Museums
Departure from the College at 6:45 AM; return by 9 PM
[Popular Tibetan and Nepali Movies to be shown on the road trip]

Tuesday 21st

Morning: Expert Presentation, Prof. Caner Dagli
Islam Overview I: Muhammad, Core Beliefs, Five Pillars
Required Reading:

Afternoon Program: Lauran Hartley, Columbia University
Modern Tibetan Literature in Translation
Required Readings:
- Selections from Song of the Snow Lion
- Steven Venturo, “Where is Tibet in World Literature” World Literature Today

Further Reading

Wednesday 22nd

Morning Program: Expert Presentation, Prof. Charles Ramble Oxford University
Practices of Tibetan Buddhism; Traditions of the Tibetan Frontier Peoples
Required Readings:

Further Readings:

Afternoon Program: Expert Presentation, Dr. Anne de Sales, Centre National de
Shamanism in the Himalayas
Required Readings:

Further Readings:
Thursday 23rd

Morning Program: Expert Presentation, Prof. Lewis
Buddhism and Hinduism in the Kathmandu Valley
Required Readings:
Todd Lewis, *Popular Buddhist Texts from Nepal: Narratives and Rituals*...

Afternoon Program: Expert Presentation, Naomi Bishop, Univ. of California
Buddhism among Tibeto-Burman Peoples
Video: "Himalayan Herders"
Required Readings:

Friday 24th

Morning Program: Expert Presentation, Sienna Craig, Dartmouth University
Tibetan Buddhism in Practice: Medicine and Healing
Core Readings:
Matthew Kapstein, *The Tibetans*, 244-268

Afternoon Program: Expert Presentation, Naresh Bajracarya, Tribhuvan Univ.
Newar Buddhist Mahayana Ritualism and the Mandala
Required Reading:
Naresh Bajracarya, “The Guru-mandala-Arcana”

5-7 PM Early Evening Program, Campus Green: Newar Feast
Workshop: A Newar Buddhist Feast and Making Nepalese Feast Foods
WEEK 4 of the Institute, July 27th—July 31st

Monday
July 27th
Morning Program: Expert Presentation, Manjushree Thapa, Kathmandu
Nepali Literature: Its Emergence in the Modern Era
Required Reading:

Afternoon Program: Expert Presentation: Prof. Dagli
Islam II: Ritual Practices and Muslim Traditions of South Asia
Required Reading:

Tuesday
July 28th
Morning Program: Expert Presentation: Peter Burleigh, Carter Center
Nepal and the Indian Himalayas in Transition
Required Readings: Both are available at: www.icg.org
“Nepal: from People Power to Peace?” (Asia Report # 115, 10 May 2006)

Wednesday
July 29th
Morning: Expert Presentation Prof. David Smith, University of Minnesota
Contemporary Human Ecology: Tigers and Humans
Required Readings:

Afternoon Program I: Expert Presentation by Dr. Narayan Kaji Shrestha
Community Forestry, Women’s Empowerment, Contemporary Movements
Required Readings:
- Kaji Shrestha, “Community Forestry in Crisis: Where do we go from here?”

Thursday
July 30th
Morning I: [9-10:30] Expert Presentation: Mat Schmaltz, Holy Cross
Christian Missionaries in Asia and the Himalayas
Required Readings:

Morning II: [10:45-12:15] Expert Presentation: Keiko Yamanaka, Univ. of California-Berkeley
A Dalit Sadhu in the Garhwal Himalayas

Afternoon Program: Free Time

6-8 PM Evening Program: Farewell Dinner
Workshop on Making Tibetan Foods in Hogan Kitchen, 3rd Floor
Friday, July 31st: Morning and Afternoon: Presentations of Teacher Implementation Plans

Friday, August 1: Check-out from Campus Apartments
The Himalaya are a vast mountain chain in Asia that span multiple countries, including China and India. The Himalaya contain the highest peaks in the world, Mount Everest and K2. These peaks have been attracting mountaineers from around the world since 1920. The Himalaya are also important in art, literature, and religion. Geographically, the Himalayan states lie in the Indian subcontinent. The countries and territories include: Oct 10, 2014 - Cultures and Religions of the Himalayan Region. Daily Angel Oracle Card: Hestia ~ Home, from the Mythic Oracle Card deck, by Carisa Mellado, artwork by Michele-Lee Phelan. Hestia ~ Home The Myth: "Hestia is the daughter of Cronus and Rhea. Her name means hearth, the sacred fire, and Hestia is the virgin goddess of the sacred hearth. The hearth was at the heart of the Greek home. The hearth was the heart of the home." —Mary Infinity. Tibetan Buddhism Buddhist Art Vajrayana Buddhism Gautama Buddha Spiritual Practices Dalai Lama Mystic Meditation Religion. Mahasiddha Lawapa or Kambala (Mahasiddha of the blanket). Mahasiddha Lawapa Practicing Kumbhaka. This detail of the great siddha Lawapa is one of our