

N.E.H. Institute:
Literatures, Religions, and Arts of the Himalayan Region

Schedule of Lectures, Workshops, and Readings

Institute Schedule:

9:00-12:00 Morning Session
12-1:00 Lunch Break
1:00-4:00 Afternoon Session
4:30-9:00 Web Page Consultations (some days)

All Sessions in Room 404 of the Hogan Campus Center, unless otherwise noted

Institute Books:

- Naomi H. Bishop, *Himalayan Herders*. (NY: Harcourt Brace, 1998).
John Esposito, Darrell Fasching, and Todd Lewis, *World Religions Today*, 5th ed. (New York: Oxford University Press, 2014).
Robert E. Fisher, *The Art of Tibet* (London: Thames and Hudson, 1997).
Melvyn Goldstein, *The Snow Lion and the Dragon* (Berkeley: University of California Press, 1997).
Melvyn Goldstein, et al. *The Struggle for Modern Tibet: The Autobiography of Tashi Tsering* (Armonk, N.Y.: M.E. Sharpe, 1997).
Matthew T. Kapstein, *The Tibetans*. (Malden, Massachusetts: Blackwell, 2006)
Todd T. Lewis and Theodore Riccardi, Jr. *The Himalayas: A Syllabus of the Region's History, Anthropology, and Religion* (Asian Studies Association, 1995).
Todd T. Lewis, *Popular Buddhist Texts from Nepal: Narratives and Rituals of Newar Buddhism* (Albany: State University of New York Press, 2000).
Todd Lewis and Subarna Man Tuladhar, trans. *Sugata Saurabha: An Epic Poem from Nepal on the Life of the Buddha by Chittadhar Hridaya*. (NY: Oxford University Press, 2010)
Patrul Rimpoche, *Words of My Perfect Teacher*. (Walnut Creek: Altamira Press, 1998).
Manjushree Thapa, *The Tutor of History*. London: Penguin, 2001
David Zurick, et al, *Illustrated Atlas of the Himalaya*. (Univ. of Kentucky Press, 2006).
 Institute Reader [on the Institute MOODLE Site]

Thursday
9th

Morning Program: _____ Expert Instruction, Mary Morrisard-Larkin
Scalia Lab, 2nd Floor Dinand Library
Plenary Web Page Creation and Design Workshop

Afternoon Program: _____ Expert Presentation, Prof. Lewis
Buddhism: Overview of the Buddha's Life, Basic Doctrines, and Practices
Required Readings:
Patrul Rimpoche, *Words of My Perfect Teacher*, 1-132.
Todd Lewis, "Buddhism," from *World Religions Today*, 4th ed. (Oxford, 2010).

Evening Program: Brooks Concert Hall, _____ 7-8:30 PM
Concert: "Himalayan Rhapsodies"

Friday
10th

Morning Program: _____
Free Time

Afternoon Program 1-3 PM _____ Paula Newburg, University of Texas
Political Developments in the NW Himalayas: Pakistan and Afghanistan
Required Readings:
 Paula Newburg articles: "Governing Pakistan"; "Risky Business: Talking to the Taliban"; "Neither War nor Peace"; "Why Pakistan is Friends with Everyone – and No One"; "Displaced Diplomacies: Reframing Development and Humanitarianism in Taliban-Era Afghanistan."

Afternoon Program 3:15-5 _____ Prof. Nirmal Tuladhar, Social Science Bahal, Kathmandu
Kites and Kite Flying in the Himalayas

WEEK 2 of the Institute, July 13th—17th

- Monday 13th Morning: Expert Presentation, Prof. Michael Witzel, Harvard University
Ancient Kashmir & Nepal: History of the Himalayan Centers up to 1200 CE
Required Readings:
Lewis and Riccardi, *The Himalayas: A Syllabus...*, 49-92
 Excerpts from the *Rajatarangini* of Kalhana and the *Gopalarajavamshavali*
- Afternoon Program: Expert Presentation, Prof. van der Kuijp
Ancient Tibet: Cultural and Political History up to 1100 CE; Bön
Required Readings:
Matthew Kapstein, *The Tibetans*, 27-83
- Tuesday 14th Morning Program: Expert Presentation, Prof. Lewis
Buddhist Literature: Story Narratives^[a]
Mahayana Buddhism and its Himalayan Traditions^[b]
Required Readings:
[a] Todd Lewis and Subarna Man Tuladhar, trans. *Sugata Saurabha: An Epic Poem from Nepal on the Life of the Buddha by Chittadhar Hridaya*.
 Readings from the *Jatakas*, in *Translations from Nepal and Tibet*
[b] Lewis and Riccardi, *The Himalayas: A Syllabus...*, 44-46.
 Mark Blum, “Mahayana Buddhism” *Buddhism: The Illustrated Guide* 221-235.
 Gregory Schopen, “Mahayana” *The Encyclopedia of Buddhism*, 492-499.
Further Readings:
David Snellgrove, *Indo-Tibetan Buddhism* (Boston: Shambhala, 1987), Pts I/2.
- Afternoon Program: Expert Presentation: Prof. Van der Kuijp
Medieval Tibet: History up to 1600 CE; Bön Tradition
Required Reading:
Matthew Kapstein, *The Tibetans*, 84-139
Further Readings:
David Snellgrove and Hugh Richardson, *A Cultural History of Tibet* (Boulder: Prajna Press, 1980), 1-110.
- Wednesday 15th Morning Program: Expert Presentation: Prof. Van der Kuijp
The History of Tibet through the Early Modern Period
Required Readings:
Melvyn Goldstein, *The Snow Lion and the Dragon*
_____. et al. *The Struggle for Modern Tibet: The Autobiography of Tashi Tsering*
Matthew Kapstein, *The Tibetans*, 155-174; 269-300
Further Readings:
Melvyn Goldstein, *A History of Modern Tibet, 1913-1951: The Demise of the Lamaist State*. (Berkeley: University of California Press, 1989.)

Afternoon Program [1-2:30] Expert Presentation, Prof. Lewis
State Formation in the Himalayas; Colonialism

Required Readings:

Lewis and Riccardi, *The Himalayas: A Syllabus...*, 109-116; 159-209

Further Readings:

John Whelpton, *A History of Nepal*. Cambridge: Cambridge University Press, 2005.

6:30-10:30 PM Program: Film/Discussion with Prof. Mat Schmalz, Holy Cross
Indian Feature Film: "Lagaan"

Thursday
16th

Morning Program: Expert Presentation, Prof. Jinah Kim, Harvard University
Buddhist Art; Art of Gandhara and Afghanistan

Required Readings:

Kurt A. Behrendt, *The Art of Gandhara in The Metropolitan Museum of Art*. 2007

Afternoon Program: Discussion with Prof. Lewis and Prof. van der Kuijp
2-4 PM: Worcester Art Museum

Friday
17th

Morning Program: Expert Presentation, Prof. Kurtis Schaeffer, University of Virginia
Tibetan Buddhist Literatures

Required Readings:

Matthew Kapstein, *The Tibetans*,

Afternoon Program: Prof. Dina Bangdel, Virginia Commonwealth University
Art and Architecture of the Himalayan Region: Kashmir; Kulu; Nepal; Tibet

Required Readings:

Robert E. Fisher, *The Art of Tibet* (London: Thames and Hudson, 1997).

Further Readings:

David and Janice Jackson, *Tibetan Thangka Painting: Methods and Materials*. 2nd ed. (Ithaca: Snow Lion Press, 1988).

Marylin M. Rhie and Robert Thurman, *Wisdom and Compassion: The Sacred Art of Tibet* (New York: Harry Abrams, 1996).

Mary Slusser, *Nepal Mandala* (Princeton University Press, 1982).

Robert Beer, *Encyclopedia of Tibetan Symbols* (Boston: Shambhala, 1999).

Thursday
23rd

Morning Program: Expert Presentation, Prof. Lewis
Buddhism and Hinduism in the Kathmandu Valley

Required Readings:

Todd Lewis, *Popular Buddhist Texts from Nepal: Narratives and Rituals...*

Afternoon Program: Expert Presentation, Naomi Bishop, Univ. of California
Buddhism among Tibeto-Burman Peoples

Video: "Himalayan Herders"

Required Readings:

Naomi H. Bishop, *Himalayan Herders*. (NY: Harcourt Brace, 1998)

Friday
24th

Morning Program: Expert Presentation, Sienna Craig, Dartmouth University
Tibetan Buddhism in Practice: Medicine and Healing

Core Readings:

Matthew Kapstein, *The Tibetans*, 244-268

Meyer, Fernand, 1995. "Theory and Practice in Tibetan Medicine" in *Oriental Medicine: An Illustrated Guide to the Asian Arts of Healing*, 109-141

Afternoon Program: Expert Presentation, Naresh Bajracarya, Tribhuvan Univ.
Newar Buddhist Mahayana Ritualism and the Mandala

Required Reading:

Naresh Bajracarya, "The *Guru-mandala-Arcana*"

John Locke, "The *Uposatha Vrata* of Amoghapasa in Nepal," *L'Ethnographie* 83 (100-101), 159-189.

5-7 PM Early Evening Program, Campus Green: Newar Feast

Workshop: A Newar Buddhist Feast and Making Nepalese Feast Foods

WEEK 4 of the Institute, July 27th — July 31st

Monday
July 27th Morning Program: Expert Presentation, Manjushree Thapa, Kathmandu
Nepali Literature: Its Emergence in the Modern Era
Required Reading:
 Excerpts, Michael Hutt, *Himalayan Voices*. Univ. of California Press, 1991.
Manjushree Thapa, *The Tutor of History*. London: Penguin, 2001

Afternoon Program: Expert Presentation: Prof. Dagli
Islam II: Ritual Practices and Muslim Traditions of South Asia
Required Reading:
John Esposito, “Islam” from *World Religions Today*, 5th ed. (Oxford, 2014).

Tuesday
July 28th Morning Program: Expert Presentation: Peter Burleigh, Carter Center
Nepal and the Indian Himalayas in Transition
Required Readings: Both are available at: www.icg.org
“Nepal: from People Power to Peace?” (Asia Report # 115, 10 May 2006)

Afternoon Program
Free Time

Wednesday
July 29th Morning: Expert Presentation Prof. David Smith, University of Minnesota
Contemporary Human Ecology: Tigers and Humans
Required Readings:
Zurick, *Illustrated Atlas of the Himalaya*, 9-98

Afternoon Program I: Expert Presentation by Dr. Narayan Kaji Shrestha
Community Forestry, Women’s Empowerment, Contemporary Movements
Required Readings:
Zurick, *Illustrated Atlas of the Himalaya*, 99-142
 Kaji Shrestha, “Community Forestry in Crisis: Where do we go from here?”

Thursday
July 30th Morning I: [9-10:30] Expert Presentation: Mat Schmaltz, Holy Cross
Christian Missionaries in Asia and the Himalayas
Required Readings:
 selections from Trent Pomplun, *Jesuit on the Roof of the World: Ippolito Desideri’s Mission to Tibet*. NY: Oxford University Press, 2009

Morning II: [10:45-12:15] Expert Presentation: Keiko Yamanaka, Univ. of
A Dalit Sadhu in the Garhwal Himalayas California-Berkeley

Afternoon Program
Free Time

6-8 PM Evening Program: Farewell Dinner
Workshop on Making Tibetan Foods in Hogan Kitchen, 3rd Floor

Friday
July 31st Morning and Afternoon:
Presentations of Teacher Implementation Plans

Friday
August 1 **Check-out from Campus Apartments**

The Himalaya are also important in art, literature, and religion. Contents. 1 States and territories.Â Afghania, Autonomous provincial region. Notable peaks. The Himalayan range at Yumesongdong in Sikkim, in the Yumthang River valley. Further information: List of Himalayan peaks. Mountain passes. Further information: List of Himalayan passes and routes. Notable mountaineers. George Mallory (1886â€“1924) Attempted first ascent of Mount Everest in 1922 and 1924; died on North Face along with Sandy Irvine.