N.E.H. Institute:  
Literatures, Religions, and Arts of the Himalayan Region  
Schedule of Lectures, Workshops, and Readings

Institute Schedule:
9:00-12:00 Morning Session
12-1:00 Lunch Break
1:00-4:00 Afternoon Session
4:30-9:00 Web Page Consultations (some days)

All Sessions in Room 404 of the Hogan Campus Center, unless otherwise noted

Institute Books:

Institute Reader [on the Institute MOODLE Site]
WEEK 1 of the Institute, July 5th—10th

Sunday July 5th
Afternoon check-in for participants

Monday 6th
Morning Program: Profs. Lewis and Van der Kuijp
Practical Orientation and Overview of the Curriculum
Orientalism and the Study of Asia, Asian Religions, and the Himalayas
Geology and the Physical Geography of the Regions; Frontier Zone Theory
Required Readings:
Lewis and Riccardi, *The Himalayas: A Syllabus* ..., 5-40, Part II
Further Reading:
Afternoon Program: Expert Presentation, Profs. Lewis and Van der Kuijp
Central Place & Trade Theory; Culture Regions: Kashmir, Nepal, Tibet
Required Readings:
Lewis and Riccardi, *The Himalayas: A Syllabus* ..., Part III

Evening
Welcoming New England Clambake Dinner
5-7 PM
Hosted by Holy Cross President and Dean, North Side of Hogan Center

Tuesday 7th
Morning Program: Expert Presentation, Prof. Van der Kuijp
Languages and Writing Systems of the Himalayan Region
Required Readings:
Lewis and Riccardi, *The Himalayas: A Syllabus* ..., Part III

Afternoon Program
Curriculum Workshops with Dorothy Verheyen/Maureen Stephens:
“Institute Teacher Implementation Plans” ; “Geography of the Himalayan Region”

Wednesday 8th
Morning Program: Expert Presentation, Prof. Lewis
Hinduism: Overview of Core Doctrines and Practices
Required Reading:
Lewis and Riccardi, *The Himalayas: A Syllabus*..., 41-43
Further Readings:
Diana Eck, *Darshan: Seeing the Divine in India*, 2nd ed.

Afternoon Program
1-2 PM: Library Orientation
2-4 PM: Films on Hinduism with Discussion
“Village of the Himalayas: Pilgrimage to Deoprayag”; “Wages of Action”
Thursday 9th
Morning Program: Expert Instruction, Mary Morrisard-Larkin
Scalia Lab, 2nd Floor Dinand Library
Plenary Web Page Creation and Design Workshop

Afternoon Program: Expert Presentation, Prof. Lewis
Buddhism: Overview of the Buddha's Life, Basic Doctrines, and Practices
Required Readings:

Evening Program: Brooks Concert Hall, 7:30 PM
Concert: “Himalayan Rhapsodies”

Friday 10th
Morning Program: Free Time

Afternoon Program 1-3 PM Paula Newburg, University of Texas
Political Developments in the NW Himalayas: Pakistan and Afghanistan
Required Readings:

Afternoon Program 3:15-5 Prof. Nirmal Tuladhar, Social Science Bahal, Kathmandu
Kites and Kite Flying in the Himalayas
WEEK 2  of the Institute, July 13th—17th

Monday 13th

Morning: Expert Presentation, Prof. Michael Witzel, Harvard University

Ancient Kashmir & Nepal: History of the Himalayan Centers up to 1200 CE

Required Readings:
Lewis and Riccardi, *The Himalayas: A Syllabus…*, 49-92
Excerpts from the *Rajatarangini* of Kalhana and the *Gopalarajavamshavali*

Afternoon Program: Expert Presentation, Prof. van der Kuijp

Ancient Tibet: Cultural and Political History up to 1100 CE; Bön

Required Readings:
Matthew Kapstein, *The Tibetans*, 27-83

Tuesday 14th

Morning Program: Expert Presentation, Prof. Lewis

Buddhist Literature: Story Narratives[a]
Mahayana Buddhism and its Himalayan Traditions[b]

Required Readings:
Excerpts from the *Jatakas*, in Translations from Nepal and Tibet
Mark Blum, “Mahayana Buddhism” *Buddhism: The Illustrated Guide* 221-235.

Further Readings:

Afternoon Program: Expert Presentation: Prof. Van der Kuijp

Medieval Tibet: History up to 1600 CE; Bön Tradition

Required Reading:
Matthew Kapstein, *The Tibetans*, 84-139

Further Readings:

Wednesday 15th

Morning Program: Expert Presentation: Prof. Van der Kuijp

The History of Tibet through the Early Modern Period

Required Readings:
Melvyn Goldstein, *The Snow Lion and the Dragon*
_____ et al. *The Struggle for Modern Tibet: The Autobiography of Tashi Tsering*
Matthew Kapstein, *The Tibetans*, 155-174; 269-300

Further Readings:
Afternoon Program [1-2:30] Expert Presentation, Prof. Lewis

State Formation in the Himalayas; Colonialism

Required Readings:

Further Readings:

6:30-10:30 PM Program: Film/Discussion with Prof. Mat Schmalz, Holy Cross

Indian Feature Film: "Lagaan"

Thursday 16th

Morning Program: Expert Presentation, Prof. Jinah Kim, Harvard University

Buddhist Art; Art of Gandhara and Afghanistan

Required Readings:

Afternoon Program: Discussion with Prof. Lewis and Prof. van der Kuijp

2-4 PM: Worcester Art Museum

Friday 17th

Morning Program: Expert Presentation, Prof. Kurtis Schaeffer, University of Virginia

Tibetan Buddhist Literatures

Required Readings:
Matthew Kapstein, *The Tibetans*,

Afternoon Program: Prof. Dina Bangdel, Virginia Commonwealth University

Art and Architecture of the Himalayan Region: Kashmir; Kulu; Nepal; Tibet

Required Readings:

Further Readings:
WEEK 3 of the Institute, July 20th—July 24th

Monday 20th

Excursion to the Rubin Museum for Tibetan Art and Karmapa Monastery
Museum Program hosted by Curators and Educators of the Museums
Departure from the College at 6:45 AM; return by 9 PM
[Popular Tibetan and Nepali Movies to be shown on the road trip]

Tuesday 21st

Morning: Expert Presentation, Prof. Caner Dagli
Islam Overview I: Muhammad, Core Beliefs, Five Pillars
Required Reading:

Afternoon Program: Lauran Hartley, Columbia University
Modern Tibetan Literature in Translation
Required Readings:
☐ Selections from Song of the Snow Lion
☐ Steven Venturo, “Where is Tibet in World Literature” World Literature Today
Further Reading

Wednesday 22nd

Morning Program: Expert Presentation, Prof. Charles Ramble Oxford University
Practices of Tibetan Buddhism; Traditions of the Tibetan Frontier Peoples
Required Readings:
Further Readings:

Afternoon Program: Expert Presentation, Dr. Anne de Sales, Centre National de la Recherché Scientifique
Shamanism in the Himalayas
Required Readings:
Further Readings:
Thursday 23rd

Morning Program: Expert Presentation, Prof. Lewis
Buddhism and Hinduism in the Kathmandu Valley
Required Readings:
Todd Lewis, *Popular Buddhist Texts from Nepal: Narratives and Rituals...*

Afternoon Program: Expert Presentation, Naomi Bishop, Univ. of California
Buddhism among Tibeto-Burman Peoples
Video: "Himalayan Herders"
Required Readings:

Friday 24th

Morning Program: Expert Presentation, Sienna Craig, Dartmouth University
Tibetan Buddhism in Practice: Medicine and Healing
Core Readings:
Matthew Kapstein, *The Tibetans,* 244-268

Afternoon Program: Expert Presentation, Naresh Bajracarya, Tribhuvan Univ.
Newar Buddhist Mahayana Ritualism and the Mandala
Required Reading:
Naresh Bajracarya, “The Guru-mandala-Arcana”

5-7 PM Early Evening Program, Campus Green: Newar Feast
Workshop: A Newar Buddhist Feast and Making Nepalese Feast Foods
**WEEK 4** of the Institute, July 27th—July 31st

**Monday, July 27th**

**Morning Program:** Expert Presentation, Manjushree Thapa, Kathmandu

**Nepali Literature: Its Emergence in the Modern Era**

**Required Reading:**

**Afternoon Program:**

**Expert Presentation:** Prof. Dagli

**Islam II: Ritual Practices and Muslim Traditions of South Asia**

**Required Reading:**


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**Tuesday, July 28th**

**Morning Program:**

**Expert Presentation:** Peter Burleigh, Carter Center

**Nepal and the Indian Himalayas in Transition**

**Required Readings:**

- *Both are available at*: www.icg.org
- “Nepal: from People Power to Peace?” (Asia Report # 115, 10 May 2006)

**Afternoon Program**

**Free Time**

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**Wednesday, July 29th**

**Morning:**

**Expert Presentation:** Prof. David Smith, University of Minnesota

**Contemporary Human Ecology: Tigers and Humans**

**Required Readings:**


**Afternoon Program I:**

**Expert Presentation by Dr. Narayan Kaji Shrestha**

**Community Forestry, Women’s Empowerment, Contemporary Movements**

**Required Readings:**


- Kaji Shrestha, “Community Forestry in Crisis: Where do we go from here?”

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**Thursday, July 30th**

**Morning I:** [9-10:30]

**Expert Presentation:** Mat Schmaltz, Holy Cross

**Christian Missionaries in Asia and the Himalayas**

**Required Readings:**


**Morning II:** [10:45-12:15]

**Expert Presentation:** Keiko Yamanaka, Univ. of California-Berkeley

**A Dalit Sadhu in the Garhwal Himalayas**

**Afternoon Program**

**Free Time**

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6-8 PM Evening Program: Farewell Dinner

**Workshop on Making Tibetan Foods in Hogan Kitchen, 3rd Floor**
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