N.E.H. Institute:
Literatures, Religions, and Arts of the Himalayan Region
Schedule of Lectures, Workshops, and Readings

Institute Schedule:
9:00-12:00 Morning Session
12-1:00 Lunch Break
1:00-4:00 Afternoon Session
4:30-9:00 Web Page Consultations (some days)

All Sessions in Room 404 of the Hogan Campus Center, unless otherwise noted

Institute Books:
Melvyn Goldstein, The Snow Lion and the Dragon (Berkeley: University of California Press, 1997).

Institute Reader [on the Institute MOODLE Site]
WEEK 1 of the Institute, July 5th—10th

Sunday
July 5th
Afternoon check-in for participants

Monday 6th
Morning Program: Profs. Lewis and Van der Kuijp
Practical Orientation and Overview of the Curriculum
Orientalism and the Study of Asia, Asian Religions, and the Himalayas
Geology and the Physical Geography of the Regions; Frontier Zone Theory

Required Readings:
Lewis and Riccardi, *The Himalayas: A Syllabus* ..., 5-40, Part II
Peter Molnar and Paul Tapponnier, “The Collision between India

Further Reading:

Afternoon Program: Expert Presentation, Profs. Lewis and Van der Kuijp
Central Place & Trade Theory; Culture Regions: Kashmir, Nepal, Tibet

Required Readings:
Lewis and Riccardi, *The Himalayas: A Syllabus* ..., Part III

Evening
Welcome New England Clambake Dinner
5-7 PM
Hosted by Holy Cross President and Dean, North Side of Hogan Center

Tuesday 7th
Morning Program: Expert Presentation, Prof. Van der Kuijp
Languages and Writing Systems of the Himalayan Region

Required Readings:
Lewis and Riccardi, *The Himalayas: A Syllabus* ..., Part III

Afternoon Program
Curriculum Workshops with Dorothy Verheyan/Maureen Stephens:
“Institute Teacher Implementation Plans” ; “Geography of the Himalayan Region”

Wednesday 8th
Morning Program: Expert Presentation, Prof. Lewis
Hinduism: Overview of Core Doctrines and Practices

Required Reading:
Lewis and Riccardi, *The Himalayas: A Syllabus*..., 41-43

Further Readings:
Diana Eck, *Darshan: Seeing the Divine in India*, 2nd ed.

Afternoon Program
1-2 PM: Library Orientation
2-4 PM: Films on Hinduism with Discussion
“Village of the Himalayas: Pilgrimage to Deopravag”; “Wages of Action”
Thursday 9th

Morning Program: Expert Instruction, Mary Morrisard-Larkin
Scalia Lab, 2nd Floor Dinand Library

Plenary Web Page Creation and Design Workshop

Afternoon Program: Expert Presentation, Prof. Lewis
Buddhism: Overview of the Buddha's Life, Basic Doctrines, and Practices
Required Readings:
Patrul Rimpoche, Words of My Perfect Teacher, 1-132.

Evening Program: Brooks Concert Hall, 7-8:30 PM
Concert: “Himalayan Rhapsodies”

Friday 10th

Morning Program:

Free Time

Afternoon Program 1-3 PM Paula Newburg, University of Texas
Political Developments in the NW Himalayas: Pakistan and Afghanistan
Required Readings:

Afternoon Program 3:15-5 Prof. Nirmal Tuladhar, Social Science Bahal, Kathmandu
Kites and Kite Flying in the Himalayas
WEEK 2 of the Institute, July 13th—17th

Monday 13th

Morning: Expert Presentation, Prof. Michael Witzel, Harvard University
Ancient Kashmir & Nepal: History of the Himalayan Centers up to 1200 CE
Required Readings:
Lewis and Riccardi, *The Himalayas: A Syllabus…*, 49-92
Excerpts from the *Rajatarangini* of Kalhana and the *Gopalarajavamsahavali*

Afternoon Program: Expert Presentation, Prof. van der Kuijp
Ancient Tibet: Cultural and Political History up to 1100 CE; Bön
Required Readings:
Matthew Kapstein, *The Tibetans*, 27-83

Tuesday 14th

Morning Program: Expert Presentation, Prof. Lewis
Buddhist Literature: Story Narratives[a]
Mahayana Buddhism and its Himalayan Traditions[b]
Required Readings:
Readings from the *Jatakas*, in Translations from Nepal and Tibet
Mark Blum, “Mahayana Buddhism” *Buddhism: The Illustrated Guide* 221-235.
Further Readings:

Afternoon Program: Expert Presentation: Prof. Van der Kuijp
Medieval Tibet: History up to 1600 CE; Bön Tradition
Required Reading:
Matthew Kapstein, *The Tibetans*, 84-139
Further Readings:

Wednesday 15th

Morning Program: Expert Presentation: Prof. Van der Kuijp
The History of Tibet through the Early Modern Period
Required Readings:
Melvyn Goldstein, *The Snow Lion and the Dragon*
_____. et al. *The Struggle for Modern Tibet: The Autobiography of Tashi Tsering*
Matthew Kapstein, *The Tibetans*, 155-174; 269-300
Further Readings:
Afternoon Program [1-2:30]  Expert Presentation, Prof. Lewis
State Formation in the Himalayas; Colonialism
Required Readings:
Further Readings:

6:30-10:30 PM Program: Film/Discussion with Prof. Mat Schmalz, Holy Cross
Indian Feature Film: "Lagaan"

Thursday 16th
Morning Program:  Expert Presentation, Prof. Jinah Kim, Harvard University
Buddhist Art; Art of Gandhara and Afghanistan
Required Readings:

Afternoon Program: Discussion with Prof. Lewis and Prof. van der Kuijp
2-4 PM: Worcester Art Museum

Friday 17th
Morning Program:  Expert Presentation, Prof. Kurtis Schaeffer, University of Virginia
Tibetan Buddhist Literatures
Required Readings:
Matthew Kapstein, *The Tibetans*,

Afternoon Program: Prof. Dina Bangdel, Virginia Commonwealth University
Art and Architecture of the Himalayan Region: Kashmir; Kulu; Nepal; Tibet
Required Readings:
Further Readings:
**WEEK 3 of the Institute, July 20th—July 24th**

Monday 20th

**Excursion to the Rubin Museum for Tibetan Art and Karmapa Monastery**

Museum Program hosted by Curators and Educators of the Museums
Departure from the College at 6:45 AM; return by 9 PM

*Popular Tibetan and Nepali Movies to be shown on the road trip*

Tuesday 21st

**Islam Overview I: Muhammad, Core Beliefs, Five Pillars**

**Required Reading:**


**Afternoon Program:**

Lauran Hartley, Columbia University

**Modern Tibetan Literature in Translation**

**Required Readings:**

- Selections from *Song of the Snow Lion*
- Steven Venturo, “Where is Tibet in World Literature” *World Literature Today*

**Further Reading**


Wednesday 22nd

**Practices of Tibetan Buddhism; Traditions of the Tibetan Frontier Peoples**

**Required Readings:**


**Further Readings:**


**Afternoon Program:**

Dr. Anne de Sales, Centre National de la Recherché Scientifique

**Shamanism in the Himalayas**

**Required Readings:**


**Further Readings:**

| Thursday 23rd | Morning Program: | Expert Presentation, Prof. Lewis | Buddhism and Hinduism in the Kathmandu Valley |
| | Afternoon Program: | Expert Presentation, Naomi Bishop, Univ. of California | Buddhism among Tibeto-Burman Peoples |
| | | Video: "Himalayan Herders" | Required Readings: |

<p>| Friday 24th | Morning Program: | Expert Presentation, Sienna Craig, Dartmouth University | Tibetan Buddhism in Practice: Medicine and Healing |
| | Core Readings: | Matthew Kapstein, <em>The Tibetans</em>, 244-268 |
| | Afternoon Program: | Expert Presentation, Naresh Bajracarya, Tribhuvan Univ. | Newar Buddhist Mahayana Ritualism and the Mandala |
| | Required Reading: | Naresh Bajracarya, “The Guru-mandala-Arcana” |
| | 5-7 PM Early Evening Program, Campus Green: | Newar Feast Workshop: A Newar Buddhist Feast and Making Nepalese Feast Foods |</p>
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<td>Afternoon Program: Expert Presentation: Prof. Dagli</td>
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<td>Islam II: Ritual Practices and Muslim Traditions of South Asia</td>
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<td>Tuesday</td>
<td>July 28th</td>
<td>Expert Presentation: Peter Burleigh, Carter Center</td>
<td>Nepal and the Indian Himalayas in Transition</td>
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<td>Required Readings: Both are available at: <a href="http://www.icg.org">www.icg.org</a></td>
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<td>“Nepal: from People Power to Peace?” (Asia Report # 115, 10 May 2006)</td>
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<td>Wednesday</td>
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<td>Expert Presentation: Prof. David Smith, University of Minnesota</td>
<td>Contemporary Human Ecology: Tigers and Humans</td>
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<td>Afternoon Program I: Expert Presentation by Dr. Narayan Kaji Shrestha</td>
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<td>Community Forestry, Women’s Empowerment, Contemporary Movements</td>
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<td>Kaji Shrestha, “Community Forestry in Crisis: Where do we go from here?”</td>
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<td>Thursday</td>
<td>July 30th</td>
<td>Expert Presentation: Mat Schmaltz, Holy Cross</td>
<td>Christian Missionaries in Asia and the Himalayas</td>
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<td>Morning II: [10:45-12:15] Expert Presentation: Keiko Yamanaka, Univ. of California-Berkeley</td>
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<td>A Dalit Sadhu in the Garhwal Himalayas</td>
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6-8 PM Evening Program: Farewell Dinner
Workshop on Making Tibetan Foods in Hogan Kitchen, 3rd Floor
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<tr>
<td>Friday</td>
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<td>July 31st</td>
<td><strong>Presentations of Teacher Implementation Plans</strong></td>
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<td>Friday</td>
<td><strong>Check-out from Campus Apartments</strong></td>
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<td>August 1</td>
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Schools of Himalayan Buddhism developed following the spread of the Buddha's teaching to the mountainous region, and reflected the monastic lineages and tantric transmissions associated with places like Kashmir, Magadha, and Nepal. This process of religious transmission was completed by the fifteenth century, after which a reversed movement can be observed, with the now established religious traditions crossing back over the cultural boundaries to the south. One can trace this transition in the journeys of individual Buddhist travelers and in the practice of large-scale pilgrimages to sacred places. Among Tibetan Texts: History and Literature of the Himalayan Plateau. Boston, 2001.