



Rosh Hashanah Yom Kippur Survival Kit

By Shimon Apisdorf

leviathan press. Paperback. Book Condition: New. Paperback. 210 pages. Dimensions: 8.9in. x 6.0in. x 0.6in. For the thousands of Jews worldwide who step into the synagogue twice a year, many find the prayer services boring, confirming that that Judaism has little to offer in spiritual growth and personal meaning. When the first edition of the Rosh Hashanah Yom Kippur Survival Kit was released, it transformed the High Holiday experience for Jewish families worldwide. The landmark publication sold over 250,000 copies and won The Benjamin Franklin Award, becoming a must-have for every Jew on the High Holidays. This invaluable resource is now available in a revised, updated edition, enhancing the prayer services for the 21st century. The Rosh Hashana Yom Kippur Survival Kit: The Almost 25th Anniversary Edition offers new features including: Tips on Personalizing Spirituality: The new chapter, How to Talk to God in Five Easy Lessons, walks readers through a simple, step-by-step approach to deep, personal spirituality. New Chapter on Yizkor and the Soul: Yizkor is the primary reason many attend synagogue on Yom Kippur. This new chapter transforms the understanding of Yizkor, explores the Jewish understanding of the soul and the afterlife, and presents practical ways to give deep...



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Start by marking "Rosh Hashanah/Yom Kippur Survival Kit" as Want to Read: Want to Read saving... Want to Read. Although, it didn't stick with me too much....I need to go back and reference again. I thought the Rosh Hashana section went a little more in depth on the holiday than the Yom Kippur section did. But Apisdorf definitely did a good job organizing and simplifying the high holidays. His books are all good. Yom Kippur Survival Kit. From Ramadan to Rosh Hashanah. By Andrew Friedman and Deb Herman October 2, 2011, 4:00 am 0 Edit. Facebook. I now take Elul as a much more complete experience, not just as a lead-up to Tishrei [the month of Rosh Hashanah and Yom Kippur], he said. "That could even include fasting, [which] is certainly a legitimate Jewish part of the teshuvah [repentance] process." Weissman says that although his first exposure to religious Islam came while conducting graduate research in southern India in the late 1980s, it was not until he became Orthodox that he developed a personal appreciation of Islam. Rosh Hashanah (Hebrew: ראש השנה, literally meaning "head [of] the year", is the Jewish New Year. The biblical name for this holiday is Yom Teruah (יום תרועה, literally "day of shouting or blasting". It is the first of the Jewish High Holy Days (Yamim Nora'im. "Days of Awe") specified by Leviticus 23:23-32 that occur in the early autumn of the Northern Hemisphere.

